# INFLIGHT CATERING MENU 

SKYLINK GOURMET is delighted to provide the following menu selection which is carefully made using only the freshest and finest ingredients. Please contact us with any specific dietary requirements, food allergies or intolerances - such as dairy free, fish and shellfish allergies, nut free and gluten free, vegetarian, vegan, Kosher, Halal. We are happy to discuss alternatives in order to provide you with an exceptional catering experience.

Please note that our menu is non exhaustive and SKYLINK GOURMET are happy to prepare any dish upon request.

We look forward to fulfilling your order!

## BREAKFAST SELECTION

- Oatmeal
- Muesli
- Corn Flakes
- Granola (yogurt, agave syrup, goji berries, mix fruits)
- Crepes (4 homemade crepes, served with cottage cheese, seasonal fruits \& chocolate sauce)
- Brownies
- Hash browns
- Eggs: Hard boiled, Fried, Scrambled, Scrambled egg white
*only fresh eggs are used by our Chefs
- Grilled or fresh Halloumi
- Grilled tomatoes
- Grilled or sautéed mushrooms
- Sauteed spinach
- Omelets
- Pancakes (4 American pancakes served with maple syrup)
- Baked beans plain or tomato sauce
- Grated parmesan cheese
- Cream cheese


## - Cold breakfast tray

Boiled egg, cold cuts, cheese, mini croissant, small pastry, mini bread roll, jams, honey, butter, tomatoes, cucumber \& olives, sliced fruits, yogurt, cereals, milk and cutlery

## - Hot breakfast tray

English sausage, eggs, grilled tomato, mushrooms, halloumi, baked beans, mini bread roll, butter, hashbrown, olives, grilled vegetables, bacon and cutlery

## Bakery selection

- Mini bread roll
- Chocolate croissant
- Croissant with cheese \& honey
- Local pastries (large spanakopita, tyropita etc)
- Mini Local pastries
- Butter
- Muffin
- Plain croissant
- Mini croissant
- Bagel
- Pitta bread
- Arabic bread


## SANDWICHES \& WRAPS SELECTION

- Smoked salmon
- Roast beef
- Tuna
- Club
- Grilled chicken
- Vegetarian
- Ham \& Cheese


## CANAPES

## Varied selection of delightful tailor-made canapes



## STARTERS \& ENTREES

- Millefleur with smoked salmon \& avocado
- Foie gras with figs
- Buckwheat \& grilled vegetable salad
- Melon prosciutto



## SOUPS

- Vegetable
- Tomato
- Mushroom
- Cauliflower
- Broccoli
- Miso
*1L equals 3 servings
All soups are made from fresh ingredients only



## SALADS

- Greek
- Cyprus
- Cretan
- Seafood
- Green
- Super food Quinoa
- Tuna or niçoise
- Fresh Tuna
- Caprese
- Classic Caesar
- Classic Caesar with chicken
- Classic Caesar with prawns
- Rocket with avocado \& shrimp
- Crab meat
- Coleslaw
- Tabbouleh


## MAIN COURSES

- Japanese

Tuna sashimi (per piece), salmon sashimi (per piece), sea bass sashimi (per piece) mixed sushi \& Californian rolls (per piece), vegetable spring rolls (per piece), sashimi salad, Goma wakame (seaweed) salad

- Local Cypriot

Moussaka, vegetarian moussaka, stuffed vegetarian vine leaves

- Cold meze

Taramasalata, tahini, tzatziki, hoummos, pittas, olives, Greek salad, dolmades, lountza, halloumi

- Cyprus meze

Taramasalata, tahini, tzatziki, hoummos, pittas, olives, Greek salad, dolmades, lountza, halloumi, loukaniko (local sausage), pastorma, chicken kebab, lamb chops

## Poultry \& Duck Selection

- Grilled chicken breast
- Slow cooked duck breast
- Grilled chicken kebab
- Peking crispy duck
- Chicken gyros
- Chicken tabak
- Chicken cutlets
- Baby chicken
- Chicken curry
- Chicken sausage


## Beef \& Veal Selection - Grade A Premium Beef \& Veal

- Beef fillet or tenderloin
- Rib eye steak
- Kobe or Wagyu beef
- Homemade burger
- Teriyaki
- Beef stroganoff
- Beef kebab

Lamb Selection - Grade A Premium Lamb

- Rack of lamb
- Lamb chop kebab
- Lamb chops
- Slow oven baked lamb (kleftiko)
- Lamb kofta
- Lamb tava (Cypriot stew)


## Fish \& Seafood Selection

- Sea bass
- Jumbo prawns
- Sea bream
- Grilled octopus
- Trout
- Grilled Calamari
- Tuna fillet
- Lobster
- Salmon steak
- Mixed seafood
- Black cod
- Red mullet (mparpouni)
- Sword fish



## SIDES SELECTION

| $\circ$ | Wild rice | $\circ$ |
| :--- | :--- | :--- |
| $\circ$ | Grilled vegetables |  |
| $\circ$ | Basmati rice | $\circ$ |
|  | Steamed vegetables |  |
| $\circ$ | Maby roast potatoes | $\circ$ |
| Wok fried vegetables |  |  |
| $\circ$ | Roast potatoes | $\circ$ |
| $\circ$ | French fries | $\circ$ |
| $\circ$ Prilled asparagus |  |  |
| $\circ$ | $\circ$ | Wild mushrooms |
| $\circ$ | Couscous | $\circ$ |
| $\circ$ | Slow cooked quinoa | $\circ$ |

## PASTA \& RISOTTO SELECTION

| $\bigcirc$ | Lobster pasta | $\bigcirc$ | Vegetable noodles |
| :---: | :---: | :---: | :---: |
| $\bigcirc$ | Seafood pasta | $\bigcirc$ | Chicken noodles |
| $\bigcirc$ | Chicken and mushroom | $\bigcirc$ | Beef noodles |
| $\bigcirc$ | Bolognese | $\bigcirc$ | Salmon ravioli |
| $\bigcirc$ | Carbonara | $\bigcirc$ | Spinach \& ricotta ravioli |
| $\bigcirc$ | Napolitana | $\bigcirc$ | Tortellini |
| $\bigcirc$ | Arabiata | $\bigcirc$ | Mushroom risotto |
| $\bigcirc$ | Lasagna | $\bigcirc$ | Seafood risotto |
| $\bigcirc$ | Beef Lasagna |  |  |
| dishes can be adapted to vegetarian and vegan |  |  |  |



## SAUCES \& DIPS SELECTION

- Mushroom
- Mustard
- Gravy with mixed herbs
- Vierge Salsa
- Bearnaise
- Dianne
- Chimichurri
- Honey mustard
- Tahini
- Hoummos
- Tzatziki
- Taramasalata
- Melizanosalata (egg plant)

Olives *black or green


## ORGANIC SELECTION

- Chia energy pot
- Red kidney bean salad
- Tabbouleh salad with millet
- Steamed salmon with mix green herbs
- Stuffed bell peppers with quinoa \& tofu
- Tofu
- Aromatic baked apples


## CHILDREN'S SELECTION

- Chicken strips with fries
- Beef burger with fries
- Pasta with cheese



## PLATTERS *for one person

- Smoked salmon
- Cold smoked fish
- Cold cuts
- Variety of cheese
- Cheese and cold cuts
- Crudities
- Fish \& seafood
- Exotic fruits
- Seasonal fresh fruit
- Olives *black or green


## DESSERT SELECTION

- Petit four (small bites, per piece)
- Fresh seasonal fruit salad
- Selection of cakes and slices: cheese cake, red velvet, apple pie, fruit tarts, eclairs, etc
- Ice cream - All flavours per scoop
- Ice cream Haagen Dazs per tub



## FRUITS

- Seasonal fruit basket
- Berries
- Strawberries
- Fresh fruits \& berries
- Exotic fruits


## BEVERAGES

## Fresh juices

- Orange
- Grapefruit
- Lemon \& mint
- Apple
- Carrot
- Tomato
- Mixed fruit
- Green detox
- Berries
- Strawberry
- Pomegranate
- Avocado
- Avocado, honey, nuts and milk
- Mango
- Pineapple

Water

- Still water $0.5 \mathrm{~L} / 1 \mathrm{~L} / 1.5 \mathrm{~L}$
- Sparkling water $0.5 \mathrm{~L} / 1 \mathrm{~L}$
- Evian 0.33L/0.5L/1L/1.5L
- Thai coconut water



## MISCELLANEOUS

- Greek yogurt
- Fruit yogurt
- Local newspapers \& magazines
- International newspaper \& magazines
- Dry ice per KG
- Ice cubes per KG
- Flower arrangements
- Children's activity packs \& toys
- Infant food and cereals


## FULL TRAY MENUS

- Hot Lunch or Dinner tray

Tray includes the following: Cutlery, bread, butter, salad, nuts, fruits, sweet dessert and one main dish from a choice of: fish, a chicken dish, a beef dish, pasta dish, a vegetarian or vegan dish, plus one side dish.

## - Cold Lunch or Dinner tray

Tray includes the following: Cutlery, bread, butter, nuts, sliced fruits, dry fruits, dessert, olives, tomatoes and either a salad or a sandwich with side pickles or crudities with a dip.

